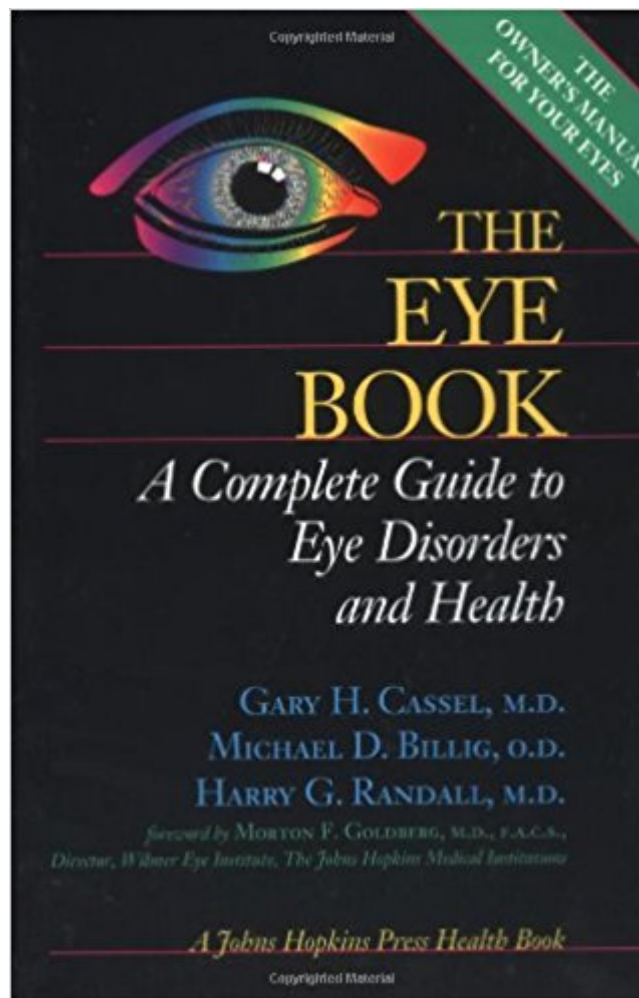




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The Eye Book: A Complete Guide To Eye Disorders And Health (A Johns Hopkins Press Health Book)



Synopsis

When all is well with our eyes, most of us take them for granted. But when our vision is blurred or our eyes are itchy and watery, it's hard to concentrate on anything but our eyes. In *The Eye Book*, three eye care specialists present a comprehensive reference to help readers care for their eyes and protect their vision, with special attention to changes and diseases that occur in the adult years. After detailing how the various parts of the eye work together so we can see, the authors review everything that can go wrong—from myopia, hyperopia, and astigmatism to the major disorders of cataracts, glaucoma, and age-related macular degeneration. They also thoroughly describe each part of the eye and the problems that can develop, from the irritation of itchy eyelids and conjunctivitis to emergency situations such as a detached retina. They describe the signs and symptoms of all these problems and how to deal with them, including when to apply a warm compress and when to head to the emergency room. Medical and surgical treatment of both minor eye irritations and major diseases are explained in detail, so readers know where to turn and what to expect. The authors also tell readers what happens during an eye examination and how to recognize an eye emergency. They explain all about eyeglasses, including the various kinds of bifocals, and describe the care and maintenance of contact lenses in a way that makes wearing them a viable option for anyone who wishes to do so. They detail the special concerns of people with systemic diseases such as diabetes and indicate how common medications—from antibiotics and antidepressants to tamoxifen—affect the eyes. The pros and cons of refractive surgery are discussed, as are the special problems of people with low vision. An appendix lists medications used to treat eye conditions and the side effects of those medications. The book is fully illustrated with fifty-five line drawings and includes a symptoms index that will direct readers to sections of the book which describe the possible causes of the specific symptoms they are experiencing.

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Customer Reviews

Fear of reduced vision and blindness regularly tops surveys of consumers' concerns about their health. Therefore, comprehensive, current information on this small but vital area of the human body is a high priority for libraries answering consumer health queries. The authors are associated with the Wilmer Eye Institute at Johns Hopkins University, consistently rated one of the top ophthalmology departments in the United States. Their guide covers routine eye care and the more common eye diseases, providing up-to-date facts on refractive surgery, treatment for optical neuritis, and possible nutritional therapies for cataracts and macular degeneration. Information on systemic and general health conditions affecting the eye is provided, as is a good introduction to the problem of "low vision," vision that cannot be corrected by spectacles, contact lenses, or intraocular lens implants. The coverage of the newest refractive surgical techniques, clinical trials, and medications makes this an important acquisition for libraries with similar titles; highly recommended for public, school, and hospital libraries. ?Pamela C. Sieving, W.K. Kellogg Eye Ctr., Univ. of Michigan, Ann Arbor Copyright 1998 Reed Business Information, Inc.

In a thorough, lucid, usefully illustrated text, Cassel and colleagues cover eye basics, the prevention of eye problems, the warning signals of those problems, and diagnosis and treatment of them, and they advise how to proceed sensibly. Cross-references in the text enable readers to pursue a topic and find out all they need to know without having to go down confusing byways. The overview given of eye anatomy is not encumbered for lay readers with unnecessary details, and discussions of weighty topics are lightened by touches of humor (the chapter on eyeglasses, in particular, instances both these practices); also, many myths are disproven. Characterizing cataracts as the most misunderstood disorder of the eye, the authors stress the need for a second opinion before proceeding with surgery. They also discuss the eye as an index of general health. Packed with understandable information, the book deserves to be in most public libraries. William Beatty --This text refers to an out of print or unavailable edition of this title.

I purchased this book as a reference for my office where we assist drivers with their vision related concerns. I believe the title is misleading. This is a good general guide to adult eye care. It is not "a complete guide to eye disorders". Missing are any mention of RP, amblyopia or any of the other genetic disorders we see in our customers. There is no consideration of any of the pediatric conditions which lead to adult vision problems. The book has a thorough description of exam, contact lense and eyeglass procedures which many readers may find helpful. We were very disappointed and will need to purchase another book.

Goodbook

The book is a good layman's guide to understanding the eye and the most common types of eye problems. However, the subtitle, A complete guide to eye disorders, is somewhat misleading. Many eye disorders are not covered. Only major disorders such as cataracts, glaucoma, ARMD, and diabetic retinopathy are discussed in detail. Otherwise, some other disorders are described at a high level in a few paragraphs.

great

For various reasons, I keep referring to eye-related books. Developing (or acquiring) additional eye-related problems appears to be a major focus for me at present, and I am delighted to be reading a large print edition of this book. I've read this book twice: the first time was over 12 months ago when I was looking for very specific information about a relatively rare eye issue. This book did not contain exactly what I was looking for then (but neither did any other book I could locate). However, I did remember that this book contained quite a lot of information about glaucoma and cataracts and it is for that reason that I am referring back to it. I like the presentation of this book: it starts with the anatomy of the eye, discusses how we see, different eye examinations, and a range of different eye and related problems. The book also contains some great diagrams of the structures of the eye, of the various pieces of equipment used in eye examinations as well as good diagrammatic presentations of focus. Yes, it is true that this book does not contain an exhaustive reference to all eye conditions. I doubt that any book accessible to a generalist reader could do that effectively. But the strength of this book, for me, is that it enables me to refer back to information that I do not always retain during consultations but need to make sense of in order to understand

proposed treatment. I recommend this book to those who want to know more about the structures of the eye and how they work as well as to those who are looking for comparatively detailed information about cataracts and glaucoma. There is no substitute for professional care and advice, but this book can be a useful aid for those of us who are print-oriented and need to read in order to retain information. I should acknowledge, too, that treatments can change and surgical techniques undergo continual refinement. However, the underlying anatomy of the eye and the basic methods of examination are generally constant. Jennifer Cameron-Smith

I was pleased to be able to take a copy of this very readable general ophthalmology source book with me on a lecture tour in the mideast. It made an ideal gift to patient educators for use in both an ophthalmology setting as well as the general hospital. The authors clearly have a wealth of experience in clinical ophthalmology and understand the kinds of questions that patients have. The language used is not intimidating nor overly technical. Explanations of various diseases and conditions are straightforward. The tone of the volume is friendly and sympathetic. This is important to an anxious reader who may be concerned about a newly diagnosed condition which could threaten his sight. However, its usefulness is not limited to patient education alone. Many health care practitioners need a refresher from time to time about basic ophthalmology and this reference book provides that review in a clear and concise fashion. This is a handy book to have around the clinic or home.

This book is an excellent reference for anyone who wants to learn more about their eyes and the diseases of the eye. It is extremely well written and exceptionally organized that to the editors at the Johns Hopkins Press. There is a symptom index along with the basic index for easy reference. The chapters on eye glasses, contact lenses, cataracts, glaucoma and macular degeneration are very comprehensive. The book also answers questions concerning many of the myths and misconceptions surrounding eyes and eye care. This book will provide you with everything you want to know and more about your eyes in a very easy to read and enjoyable fashion. A portion of the proceeds from the book will be donated to eye research.

This is a very encyclopedia-type of book. It has a lot of information about different eye problems and is a great book describing the functions of the different parts of the eye and what goes on at visits to the eye doctor. But it doesn't give a lot of information on saving your sight, taking care of your eyes, remedies for problems or anything like that. The book claims to be "The Owner's Manual for your

Eyes" but I don't think this to be very accurate. Its from 1998, but doesn't even include alot about laser surgery.

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